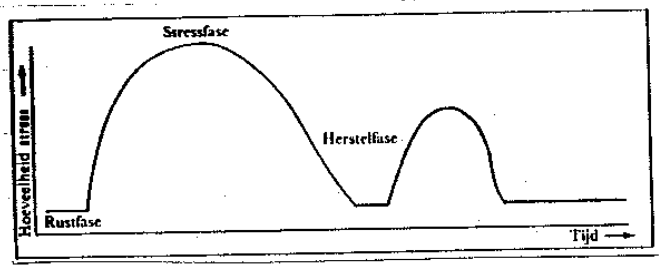

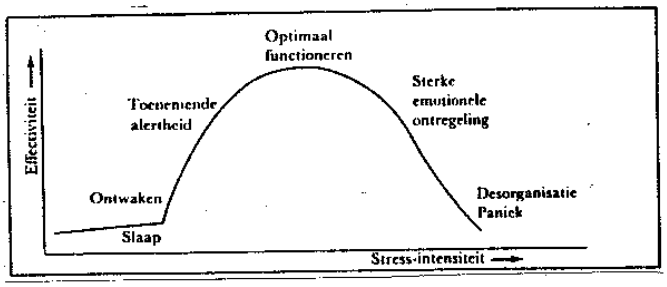

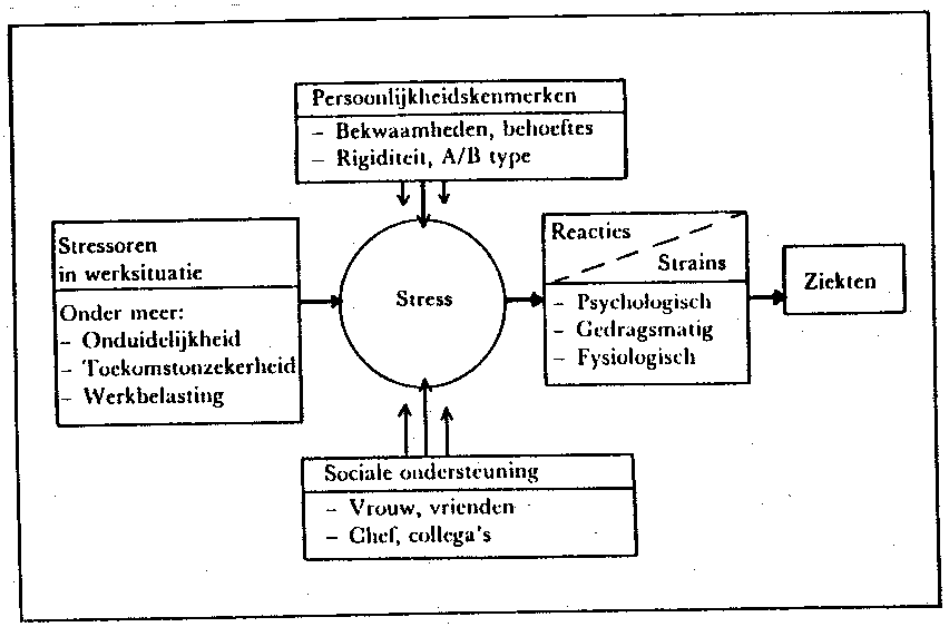

Figuur 1. Een model voor de effecten van stress op functioneren en gezondheid